

### 2015 HEMS Cross Country Schedule

<b>Sept. 5-</b>	<b>St. Mary's Medical XC Festival</b>	<b>@ CMHS</b>	<b>6:00/6:30</b>
<b>Sept. 12-</b>	<b>Fairland Run By the River</b>	<b>@Proctorville</b>	<b>10:00/10:30</b>
<b>Sept. 19-</b>	<b>Buffalo Fox &amp; Hound Invitational</b>	<b>@ Valley Park</b>	<b>10:30/11:00</b>
<b>Sept. 26-</b>	<b>Ironton Tigertown Palooza</b>	<b>@ Ironton MS</b>	<b>TBA</b>
<b>Oct. 3</b>	<b>Hurricane MS Invitational</b>	<b>@ Valley Park</b>	<b>10:00/10:30</b>
<b>TBA</b>	<b>Cabell County Championship</b>	<b>@ CMHS</b>	<b>TBA</b>